

HAPPY
Women's day:

I AM A BEAUTIFUL WOMAN WHO...

Experience
One *Sun* WELLNESS

Loves

Wants to

Is driven by

Is inspired by

Has a habit of

Is happiest when

Believes in

Will one day

Has the goal of

Who appreciates

Is afraid of

And grateful for

OWN YOUR STORY. CELEBRATE YOU.

If you would like support to rewrite your story,
reach out to a counsellor.

COACHING, COUNSELLING,
HEALTH INFORMATION, OR ADVICE.



Call **0860 111 322**
WhatsApp (Text) 061 438 7903

Callback *134*20068#
help@lifeassist.co.za
www.yourlifeassist.co.za/sunint

FREE • VOLUNTARY • PROFESSIONAL • PRIVATE • CONFIDENTIAL

