



Are data costs disconnecting you from online activity?

Here are some savvy tips that can help you to stretch your data to the limits so that you can socialise, work, learn, entertain or play more online.



1. Listen to music **WITHOUT** using data

Wi-Fi: Spotify/Apple Music/Google Play Music allows you save or download your albums and playlists

2. Watch your movies **WITHOUT** using data

Wi-Fi: Netflix and other video streaming platforms allow you to download movies. Look for the download on the video details page

3. You Tube clips can be **WATCHED** without using data

Wi-Fi: Download button in the lower right-hand corner

4. Large Files

Wi-Fi: Set to only download large files over Wi-Fi

5. Maps

Wi-Fi: Download cities and then your navigation and location work off-line without using any data

6. App Updates

Wi-Fi: Set your Apps that uploads only run when you are connected to Wi-Fi

7. Save data in Facebook

Disable auto-play videos: Facebook recently added a feature that automatically plays videos in your newsfeed, regardless of if you wanted it to or not. To avoid unintentionally downloading these videos:
Facebook Left Navigational Panel > Settings > (General Settings) Auto-Play videos on Wi-Fi only

8. Save data on Instagram

By default, Instagram will automatically preload videos upon opening the app, regardless of your network connection. This means that every video in your feed will buffer even if you weren't going to watch it, needlessly using your mobile data. To disable this setting:
Instagram profile > Settings bar > Cellular Data Usage > check "Use Less Data"

Control data use



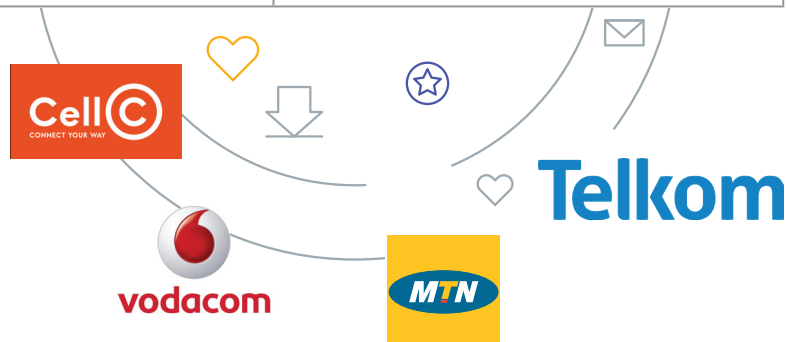
Watch videos by streaming on a lower definition as it uses less data.

Check the size of an e-mail attachment before sending or downloading it.

Check all your App settings regularly especially after an update to see if there is a data saving option.

DID YOU KNOW that you can share data with family members? Ask your service provider about this.

1.	Automatic updates	Set it to only update when on Wi-Fi	In setting/software update
2.	Automatic sync data	Switch sync off and manually sync once a day or more often where necessary	Settings/accounts
3.	Apps data	For all Apps you do not use daily Switch it on when necessary	Settings/apps/mobile data option
4.	Games	Switch the data off then you will know which games use the internet	Settings/mobile data
5.	Background data for most of your apps	Switch this off, except WhatsApp (otherwise your messages will not deliver).	Settings/Apps/Mobile data/ Allow Background data usage
6.	Videos and photos automatically downloading and playing	Set to manual then you can choose which videos and photos you want to download or on wi-fi only then it only downloads over wi-fi	WhatsApp: Settings/data and Storage usage Facebook: Settings/Media and Contacts/ Autoplay
7.	Personal hotspot	Even if not connected it still uses data	Settings/Connections



Remote learning?

Zero-rated learning sites are sponsored by Cell C, MTN, Telkom and Vodacom. You should have some data on your phone to reach the zero-rated site but once you are logged in, you will not be charged for data used while in the site. e-Schooling enables you to download education materials for Free! Find out what your learning institution offers, use **[Google Search: zero-rated data]**.

<https://www.bizcommunity.com/Article/196/371/202058.html>



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