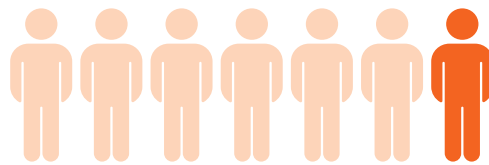


AWARENESS + ACTION = SOCIAL CHANGE

AGAINST GENDER-BASED VIOLENCE

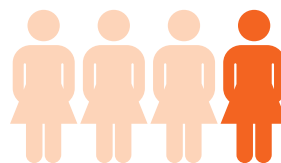


#itstartswithme



1-in-7

men will experience
intimate partner violence



1-in-4

women will experience
intimate partner violence

BE AWARE OF THE SIGNS OF ABUSE

PHYSICAL ABUSE: Hitting, slapping, pushing.

SEXUAL ABUSE: Forcing sex or sexual acts without consent. Marital rape is real.

ECONOMIC ABUSE: Forcing financial dependence or withholding one's access to money.

EMOTIONAL ABUSE: Intimidation threatening physical harm to self or friends; destruction of pets and property; and isolation from friends and family.

THE ABCD OF TAKING ACTION

ACKNOWLEDGE your language and attitude – and start the change.

BELIEVE them. Offer support, not suspicion.

CHANGE the way you talk! Talk is about who they are, NOT what they look like.

DON'T ask, "Why don't they leave?"; ask, "Why is the abuser violent?"



SOLUTION-FOCUSED
COUNSELLING AND
ADVICE



REFERRAL TO A SHELTER FOR
AN ESCAPE PLAN
AND PLACE OF SAFETY



FINANCIAL COACHING
– BUDGET AND AND ADVICE ON
REDUCING YOUR DEBT



LEGAL OPINION



**END
GENDER-BASED
VIOLENCE**



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