



WORD SEARCH

J B R N
Y C E L U M
L R I F L I Z B
U R A S X A Z F L L S Q P K M N O E W P
V L G G H C C C U O O I T D S T T P H R U M
D T S G U T E I A K O R B U V I V O O P H I W S
T Q L V S H J S R E D E Y N Q C X L Y H U G E K
M H E A L T H Y D S P T F O I F E H A E Y N T S
T T G K S C Z H I I R S H T C S H W C W N I L A
W B Y I O Q F P O C E E A N O Y D C T O F K H E
T P D M E R G A V R S L W M Z A W N I C I O B N
Z L K V W T Q A E S O E L K V Y S V B C M E
W P H N I T S S X U H D R I I N J I G T S S
I E F V U D C E R C G H G E N J T B S K
S G O B Q U J E K M U T H R I Y Q B
Q G S S L G Y W Q R E C D Y W W
O K S A F I E E A X P H E T
M P R B A P R X A F G N
X F P Y T L C Y F X
Q H U V Z Y H M
A A C A S E
B P J X
W M

FIND THESE WORDS:

HEALTHY
HYPERTENSION
ARTERIES
EXERCISE
CARDIOVASCULAR
OATMEAL

WHOLESOME
STROKE
BLOODPRESSURE
ACTIVITY
CHOLESTEROL
PHYSICAL

WEIGHT
SALT
SMOKING
HEART
SUGAR



Should you have any questions about your health and wellbeing, please contact LifeAssist.

