



engaging people

2018 Health Calendar

Month	Timeframe and focus
January	1-31 SunSmart Skin Cancer Awareness Month 4 World Braille Day 28 World Leprosy Day
February	1-28 Healthy Lifestyle Awareness Month Reproductive Health Month Environmental Health Awareness Month 4 World Cancer Day 12 International Epilepsy Day 12-16 STI / Condom Week 12-16 Pregnancy Awareness Week 12-18 National Epilepsy Week 16 Healthy Lifestyle Awareness Day
March	1-31 TB Awareness Month 3 World Hearing Day 8 International Women's Day 8 World Kidney Day 11-17 World Glaucoma Week 12-18 World Salt Awareness Week 20 World Head Injury Awareness Day 21 Human Rights Day 21 World Down Syndrome Day 24 World TB Day
April	2 World Autism Awareness Day 7 World Health Day 17 World Haemophilia Day 24-30 African Vaccination Week 25 World Malaria Day

May	<p>1-31 Anti-tobacco Campaign Month</p> <p>Burns Awareness Month</p> <p>International Multiple Sclerosis Month</p> <p>5 World Hand Hygiene Day</p> <p>5 International Midwives Day</p> <p>6-12 National Burns Awareness Week</p> <p>6-13 Hospice Week</p> <p>8 World Red Cross Day</p> <p>10 Global Move for Health Day</p> <p>12 International Awareness Day for Chronic Immunological and Neurological Diseases</p> <p>12 International Nurses Day</p> <p>15 May -15 Jun Go Turquoise for the Elderly Campaign</p> <p>17 World Hypertension Day</p> <p>27 May- 3 Jun National Child Protection Week</p> <p>28 International Day of Action for Women's Health</p> <p>31 World No Tobacco Day</p>
June	<p>1-30 Men's Health Month</p> <p>National Blood Donor Month</p> <p>National Youth Month</p> <p>1 International Children's Day</p> <p>3 National Cancer Survivors Day</p> <p>5 World Environment Day</p> <p>5-11 World Heart Rhythm Week</p> <p>14 World Blood Donor Day</p> <p>15 World Elder Abuse Awareness Day</p> <p>16 Youth Day</p> <p>24-30 SANCA Drug Awareness Week</p> <p>25 World Vitiligo Day</p> <p>26 International Day against Drug Abuse and Illicit Trafficking</p>
July	<p>1-31 Mental Illness Awareness Month</p> <p>2-6 Corporate Wellness Week</p> <p>11 World Population Day</p> <p>18 Nelson Mandela International Day</p> <p>28 World Hepatitis Day</p>



August	<p>1-31 Bone Marrow Stem Cell Donation and Leukaemia Awareness Month</p> <p>National Women's Month</p> <p>Organ Donor Month</p> <p>Child Health Month</p> <p>1-7 World Breastfeeding Week</p> <p>1-7 CANSA Care Week</p> <p>5-11 Polio Awareness Week</p> <p>6-12 Rheumatic Fever and Rheumatic Heart Disease Awareness Week</p> <p>9 National Women's Day</p> <p>12 International Youth Day</p> <p>26-31 African Traditional Medicine Week</p>
September	<p>1-30 Albinism Awareness Month</p> <p>Cervical Cancer Awareness Month</p> <p>Childhood Cancer Awareness Month</p> <p>Eye Care Awareness Month</p> <p>Muscular Dystrophy Awareness Month</p> <p>Heart Awareness Month</p> <p>National Month of Deaf People</p> <p>National Oral Health Month</p> <p>Pharmacy Month</p> <p>2-8 Kidney Awareness Week</p> <p>2-6 Back Week</p> <p>9 International Foetal Alcohol Syndrome Day</p> <p>10 International Gynaecological Health Day</p> <p>14 National Attention Deficit Hyperactivity Disorder Day</p> <p>21 National Sunflower Day</p> <p>21 World Alzheimer's Day</p> <p>24-30 World Retina Week</p> <p>26 World Environmental Health Day</p> <p>26 World Contraception Day</p> <p>28 World Rabies Day</p> <p>29 World Heart Day</p> <p>29 World Retina Day</p>



October	<p>1-31 Attention Deficit Hyperactivity Disorder Month</p> <p>Breast Cancer Awareness Month</p> <p>Mental Health Awareness Month</p> <p>1 International Day of Older Persons</p> <p>3-5 Rotary Family Health Day Outreach Campaign</p> <p>9-15 National Nutrition Week</p> <p>10 World Mental Health Day</p> <p>11 World Sight Day</p> <p>12 World Arthritis Day</p> <p>12-20 World Bone and Joint Week</p> <p>13 International Day for Disaster Reduction</p> <p>13 World Hospice and Palliative Care Day</p> <p>14-20 National Case Management Week</p> <p>15 Global Handwashing Day</p> <p>15-19 School Health Week</p> <p>15-19 National Obesity Week</p> <p>16 World Food Day</p> <p>16 World Spine Day</p> <p>17 World Trauma Day</p> <p>20 National Down Syndrome Day</p> <p>20 World Osteoporosis Day</p> <p>20-26 International Lead Poisoning Prevention</p> <p>Week 21 Global Iodine Deficiency Disorders Prevention Day</p> <p>24 World Polio Day</p> <p>28 Oct to 3 Nov National Stroke Week</p> <p>29 World Stroke Day</p>
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November	<p>3 National Children's Day</p> <p>3 Nov-3 Dec Disability Rights Awareness Month</p> <p>4-10 National Cardiopulmonary Resuscitation (CPR) Week</p> <p>8 World Radiography Day</p> <p>12-18 World Antibiotic Awareness Week</p> <p>14 World Diabetes Day</p> <p>17 World Prematurity Day</p> <p>25 International Day for the Elimination of Violence against Women</p> <p>25 Nov-10 Dec 16 Days of Activism for No Violence Against Women and Children</p>
December	<p>1 World Aids Day</p> <p>3 International Day of Persons with Disabilities</p> <p>5 International Volunteer Day</p> <p>9 World Patient Safety Day</p> <p>10 International Human Rights Day</p> <p>12 Universal Health Coverage Day</p>

Source: <http://www.kznhealth.gov.za/health-calendar-2018.pdf>



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